

The Commodity Supplemental Food Program- Information for Women and Children

- ☐ Are you a post-partum woman no longer eligible for WIC?
- ☐ Are you pregnant and not receiving WIC?
- ☐ Do you have a child under 6 years old and not already in the WIC program or no longer eligible for WIC?
- ☐ If you are eligible for 3 SquaresVT (formerly known as food stamps) or Medicaid, you automatically are eligible for CSFP.
- ☐ If you are not receiving food stamps, check the chart below to see if you meet the income guidelines.

Family size	Monthly Income
1	1,670
2	2,247
3	2,823
4	3,400

If you meet the eligibility requirements you can participate in the Commodity Supplemental Food Program (CSFP). **If interested, call the 800 number or fill in this form to receive an application** for free, nutritious food package delivered to a site near your home once a month.

Please Check One:

- ☐ **Pregnant Woman** (Due Date)_____
- ☐ **Post-Partum Woman** (Delivery Date)_____
- ☐ **Child 6 years or less** (Date of birth)_____

Last Name:_____First:_____MI:_____

Mailing Address:_____

City:_____ State: VT Zip Code:_____

Town of Residence:_____

Name of Parent or Legal Guardian:_____

Monthly Household Income: \$_____#of Household Members:_____

Mail or fax completed form to:

The Vermont Foodbank
Commodity Supplemental Food Program
PO Box 254
South Barre, Vermont 05670

Phone: 1-800-214-4648

Fax: 1-802-476-3326